CHESCO DANCE CENTER

Summer 2019

Ballet Intensive~Sumer Dance Experience~ 4 Weeks of Summer Classes ~Unicorn Sparkle Dance Camp

July 22 - July 24 2019
Ballet Intensive
9am-3pm each day

with Olga Aru and other Guest Artists

Olga Aru, a native of Ukraine, has danced with The Moscow Ballet's Great Russian Nutcracker which toured internationally, The Imperial Russian Ballet, the Ballet Festival Mikkelin in Finland, the Silesian State Opera in Poland, the Cairo Opera Ballet, Les Ballet Persans in Stockholm, Sweden, the Touring Company Franceconcert, and Brighton Ballet Theater. While touring with The Moscow Ballet, she was in charge of the children's auditions as audition director, ballet master, and assisting with choreography. She has received a grant from Aleph Dance Company in Rome, and has been a guest artist and teacher with numerous dance companies in the US. She received her Diploma from the Donetsk State Ballet School and Degree from the Kiev State Ballet College in The Ukraine. She is very excited to be joining CDC for it's annual Ballet Intensive

To find out if you are eligible email chescodancecenter@gmail.com

Why Dance in the Summer?

Summertime is the perfect time to grow and develop

as a dancer as well as trying new styles,

and to accelerate dancers to the next level!

Summer planning is here!

Typically, families tend to become a little bit more active over the summer. You may go swimming, go on walks, play around in the park, and do some sightseeing. With that in mind, you may be wondering why it is helpful to take some dance classes over the summer if we are already getting all that sunshine and exercise? This is a great question!

To get the idea, think of how things work with school and academics. If you spend your whole summer not doing anything - no math, no english/reading, etc. - come September when school resumes, it will take your brain a while to review and remember what you last learned. Basic multiplication that was easy to do in your head at the end of last school year, for example, will now feel much more difficult since you haven't practiced at all in three months! In the academic world, many schools have required summer reading to help students maintain their English and reading skills from the past year.

With this in mind, let's head back to the world of dance. At CDC we offer dance classes, workshops, children's camps and dance intensives over the summer months for that same purpose! If you don't take any dance classes over summer break, your body (muscles) and brain (also a muscle) will forget...a lot! Especially in the case of older dancers, for every week that you take "off" from dancing over the summer, it will take your muscles and your coordination that long when you return to the studio to make up lost progress. In other words, 3 months off over the summer = 3 months of catchup in the fall. So, you wouldn't really feel like you did last May until November of the following year! This can make the beginning of fall classes frustrating for many dancers as they return to the studio to

The Ballet Intensive and Summer Dance Experience will
Focus on developing creativity, evolving technical and artistic skills, deepening an appreciation and understanding of the art form, and preparing students for future goals in higher education and careers in the dance field.

find that what was easy last spring is now quite difficult.

But, you say, what if I am active and using my muscles in other ways over the summer - taking walks, swimming, maybe even playing some casual outdoor sports? Though this kind of activity may help keep your stamina and overall fitness up during the summer, these activities do not use the same muscles (strength) or muscle coordinations that you use in dance. General summer activities also fall short of exercising your brain in the ways needed for dance. In dance classes, your brain is helping you to memorize and review steps, to remember sequences of steps, and to apply those sequences musically as well as with the proper arm/leg/head coordinations.

The moral of the story?

Even just a week or one day a week of summer dance classes for younger dancers can make all the difference! Some dance review with the help of an instructor in a classroom environment will go a long way in helping students of all ages to maintain the progress they made over the previous year. That way, students can jump into classes in the fall with their best foot forward and avoid the frustration of having to spend weeks or even months regaining their strength and coordination from the previous year.

Best of all, summer classes and camps are a ton of fun and a great way to burn off some summer energy!

Ballet Dance Intensive:

- Highly recommended to serious minded dancers
- an accelerated course that jumpstarts dancers to the next level

4 Weeks of Summer Dance Classes:

- Summer is a perfect time to try a new style of dance
- No worries of school so dancers can focus fully on their training
- Dance away summer boredom

Summer Dance Experience

- You will be challenged into becoming a better dancer!
- Important to building the “more-rounded dancer”
- Serious minded dancers ready to launch into a performing or college career, or to prepare for the upcoming dance season.

Chesco Dance Center
Summer 2019
Dance Intensives, Camps, and Classes Schedule

Cheer Dance and Tumbling Clinic
Saturday July 6 9am-1pm Studio 1

Ages 8-14, all experience levels accepted !

Learn dance team style dance and Tumbling from Jenny Glenn, an Eagles Cheerleader!

Tumbling, Hip Hop, Jazz, and Pom Poms

Cost is $60

Unicorn Sparkle Dance Camp
•Monday July 29 12:00-3:00

Dance the day away with lots of sparkles, Unicorns, and magical fun!

Open to ages 3+

Cost is $40 (includes 3 hours of dance, activities, and fun!)

4 Weeks of Dance Classes- July 9-August 1 2019
---------> going on vacation? Use our "pay as you go" rate and drop into as many classes as you would like throughout the summer!

Tuition is due at registration.

There is a registration fee of $25.00 for individuals and $30.00 for family after May 1 2019.

Session Pricing

45 minutes to 1 hour class $60 (1 time a week for 4 weeks) per session

1 hour and 15 minute class - $70 (1 time a week for 4 weeks) per session

Drop in for Dance Classes $20 per class per student for 45 minute to one hour class. $25 for 1 hour 15 minute class

(drop in classes must still register!)

No credits are given for absences, termination of classes on the student's part, illness or injury, or inclement weather for any class, event, intensive, or camp.

Students are encouraged to make up any missed classes in any class of the same level. There are no "carry-overs" into the fall session for make-ups. Any account not kept up to date may be subject to suspension from CDC, debt collection, and late fees. CDC accepts credit cards, cash , or checks as a form of payment for classes.

Summer Dance Class Schedule

Planning on Dropping in? Register for the classes you hope to stop in and drop in for this summer! Registration fee will be added to any drop in dancer after May 1.

TUESDAY		**TUESDAY**	
Studio 1		Studio 2	
6:15-7:30 Intermediate/Advanced Ballet	KG	4:00-5:00 Pre School Combo (ballet, acro, jazz)	KG
7:30-8:00 Intermediate/Advanced Pointe	KG	5:00-6:00 Primary Combo (ballet, Acro, Tap, Jazz)	KG
		6:00-7:00 Intermediate Combo (ballet, jazz, acro, Contemporary)	JA
		7:00-7:45 Intermediate Hip hop	JA
THURSDAY		**THURSDAY**	
Studio 1		Studio 2	
6:00-7:00 Intermediate 3/ Advanced Jazz	OM	5:00-5:45 Int/Adv Acro	JG
7:00-8:00 Intermediate 3/ Advanced Contemporary	OM	5:45-6:45 Int Cheer Dance	JG
8:00-8:45 Leaps and Turns	OM	6:45-7:30 Beg Intermediate Acro	JG

CHESCO DANCE CENTER'S BALLET INTENSIVE

July 22- July 24 2019

Ballet Intensive

9am-3pm

Guest Master Ballet Instructor Olga Aru with other Guest Master Instructors!

All students attending the Ballet Intensive will receive the very best technical training while developing confidence, and a love for dance for many years to come!

To find out if you are eligible email chescodancecenter@gmail.com

Intermediate through Advanced Levels

Ballet Intensive Tuition $200 for all 3 days or $80 per day

CHESCO DANCE CENTER'S ANNUAL

SUMMER DANCE EXPERIENCE

Summer Dance Experience August 5-August 9 2019

You will be challenged into becoming a better dancer!

Important to building the "more-rounded dancer"

Serious minded dancers ready to launch into a performing or college career, or to prepare for the upcoming dance season.

- What to expect?
- Dancers will experience new techniques, new training ideas, and a unique blend of styles in this week-long intensive. Each Instructor will be available right after their class for questions and answers, as well as pictures with the students.
- Be Prepared to work hard!
- This week is not going to be easy! Dancers will be sore, tired, and mentally fatigued! Dancers should not plan any other activities on the evenings of SDE, as they will need rest and relaxation for the next day. Instructors will be giving choreography and technique throughout the week.
- NO audition needed, all dancers will be placed in a level of classes that best suits their training level.
- Open to dancers ages 7+

SDE tuition $330, Sibling $315

Chesco Dance Center
Summer Dance
Registration Form 2019

Student's Name (First & Last): _____ Date of Birth (if under 18):_____

Mailing Address:_____

City/Town:_____ State:_____ Zip:_____

Home Telephone #: _____

Mother's Name: _____ Mother Cell #:_____

Father's Name: _____ Father Cell #:_____

Name of Responsible Party: _____

If address and phone numbers are different from above please include: Telephone #: _____

Street: _____ City: _____ State: _____ Zip: _____

Chesco Dance Center prefer sends all important information via email.

Please provide proper email address: _____

Please advise us of any medical conditions that may affect the student's participation:

_____

Agreement for Participation

I understand that dance classes may include, without limitation, dancing with props, stretching, barre work, across the floor combinations, dance routines in the center, and other related activities. I further understand that all of the activities of the dance class involve some degree of risk of strain or bodily injury. **Chesco Dance Center** is not responsible for personal property.

I agree to be responsible for reading studio correspondence and respecting deadlines, if applicable.

I hereby acknowledge that I have read the statements above and agree to participate accordingly.

Date: _____ Signature: _____

Please list the class(es) you wish to enroll in.

Dance Class/Camp	Level of Class	Day/Time/Teacher	Tuition Fee
1			$
2			$
3			$
4			$
5			
6			

Unlimited students please list additional classes below: **SUB-TOTAL:** **$**_____

Registration Fee: **$**_____

Tuition due:

FOR OFFICE USE ONLY:

_____# _____ **REG** _____ **MO**